



POSITION AVAILABLE
MENTAL HEALTH THERAPIST
(Starting Salary: \$38,000- \$54,912 DOQ/DOE)

POSITION TITLE: Mental Health Therapist

FLSA STATUS: Non-Exempt

REPORTS TO: Supervisor of Adult Outpatient Programs

JOB PURPOSE: Provides clinical assessments, crisis intervention, case management and psychotherapy to adults in consultation with a multidisciplinary team. Manage a caseload of adult clients and provide services in accordance with funding guidelines and requirements.

ESSENTIAL DUTIES AND RESPONSIBILITIES:

- Provides intake assessments including psychosocial histories, identification of co-occurring disorders, history of treatment, identification of strengths and supports, risk assessment, and diagnostic formulations.
- Develops individualized treatment plans with documentation of problems, needs, desired outcomes, and therapeutic goals which are measurable, observable, and realistically achievable.
- Provides individual and group psychotherapy as appropriate for caseload.
- Provide case management services to promote recovery and community reintegration.
- Effectively manages assigned caseload of individuals.
- Provides crisis services as needed.
- Participates in case consultation with other staff as needed.
- Communicates with hospital personnel to facilitate discharge of clients and return to community.
- Maintains familiarity with and handles client information in accordance with Federal Regulations (42 CFR, Part 2), the Revised Code of Washington (RCW 71.05.390 and RCW 71.24), and other applicable laws pertaining to confidentiality of client and staff information.
- Maintains physical security of confidential materials and assigned Agency property.
- Attends Performance Improvement Meetings on a regular scheduled basis.

Continued on Next Page

SECONDARY DUTIES AND RESPONSIBILITIES:

- Performs relevant clinical and administrative tasks according to agency policies.
- Participates in team meetings and program development.
- Provides information and education to community members.
- Maintains high standards of professional conduct in interaction with clients, staff, and other community members.
- Obtains and implement special population consultations as required.
- Maintains professional competency through a program of professional development and in-service training.
- Performs other duties as assigned or requested.
- Demonstrates flexibility in adapting to changing work demands.

PERFORMANCE EXPECTATIONS:

- Maintains accurate, timely chart information in compliance with SBHO, State, funding source, and agency quality assurance guidelines.
- Meets agency productivity expectations of 50% consistently.
- Meets agency expectations for documentation of services.
- Coordinates and prioritizes work assignments so that tasks are completed on time.
- Conduct at least one treatment group on a regular basis.

REQUIRED EDUCATION, LICENSE(S), CERTIFICATION, AND EXPERIENCE:

Education: Masters Degree in a Behavioral Science

Experience: Counseling experience working with adults with serious, persistent mental illness.

Licensure: Agency Affiliated Counselor

KNOWLEDGE, SKILLS, AND ABILITIES:**Essential:**

- Knowledge of the classification of mental disorders contained in the current DSM.
- Ability to educate clients about signs, symptoms, and recovery from mental illness.
- Familiarity with treatment interventions with individuals who experience a brain disorder.
- Understanding of interventions with individuals with co-occurring disorders.
- Awareness of the impact of trauma on human development and psychopathology.
- Acquaintance with treatment methods used with victims of trauma.
- Knowledge of family systems.
- Ability to work independently.
- Understanding of current knowledge on recovery.
- Ability to communicate effectively both orally and in writing.
- Capability to use sound judgment in problem solving and clinical intervention.
- Basic knowledge of psychotropic medications and side effects.
- Practice of respectful communication with clients to enhance rapport and positive outcomes.

Continued on Next Page

NATURE AND SCOPE:**Physical Demands:**

- Moderate physical effort occasionally lifting up to ten pounds.
- Must be able to tolerate working in an office setting for the required number of hours in a work day.

Cognitive Skills:

- Advanced verbal and written communication skills.
- Must be able to enter data into a computerized electronic medical record.
- Ability to effectively apply counseling theories and skills within a clinical environment.

Working Environment:

- May be exposed to infections and contagious diseases
- Occasionally exposed to patients exhibiting assaultive behaviors
- Works in a clean, well lighted, ventilated office.

Working Demands:

- Frequent pressure due to schedule demands
- Contact with patients under a wide variety of circumstances
- Subject to varying and unpredictable situations
- Handles emergency or crisis situations
- May be required to work some evenings.

Principal Challenges:

- Working collaboratively with interdisciplinary staff.
- Working collaboratively with clients, family members, and other community members.
- Ensuring compliance with agency and funding standards for documentation and delivery of services.
- Working with a wide variety of clients with serious, persistent mental illness.

Closing Date

- Open till filled.

To apply, forward resume and cover letter to:

Amanda Hill, Human Resources Specialist
Peninsula Behavioral Health
118 E. 8th Street
Port Angeles, WA 98362
Or,
sierras@peninsulabehavioral.org

or apply at www.peninsulabehavioral.org

(Equal Opportunity Employer)

NOTICE

The above job announcement is meant to describe the general nature and level of work being performed. It is not intended to be construed as an exhaustive list of all responsibilities, duties, and skills required for the position. Employees will be required to follow any other job-related instructions and to perform other job-related duties requested by their supervisor in compliance with Federal and State Laws.

Requirements are representative of minimum levels of knowledge, skills, and/or abilities. To perform this job successfully, the employee must possess the abilities or aptitudes to perform each duty proficiently. Job requirements may be subject to possible modification to reasonably accommodate individuals with disabilities.