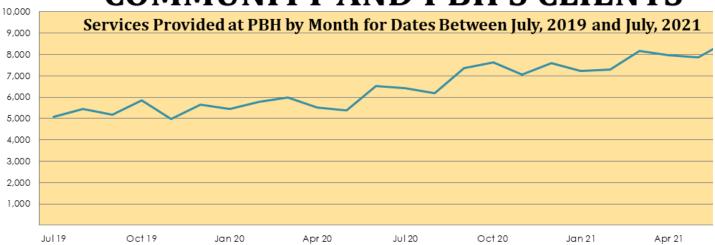


\$14.6M BUDGET

3,129 CLIENTS

135+ STAFF

COVID'S IMPACT ON THE COMMUNITY AND PBH'S CLIENTS



BOARD OF DIRECTORS 2020 & 2021

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Wendy Sisk, CEO

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Auction

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From the Desk of CEO Wendy Sisk

This past year has felt like a marathon at the pace of a sprint. I think many of you probably feel the same. It has been a year of ups and downs, challenges, and successes for most Americans. We have all had to practice patience. It takes a little longer to check out at the grocery store, get through to people we need to reach, renew our license tabs, and so many other things. We have experienced unprecedented staffing shortages across numerous industries, uncertainties about whether or not schools would stay open, wildfire smoke in the summer, and epic landslides from heavy rains this fall. Each of us has faced our own unique challenges while sharing common events with our community.

At PBH, our dedicated staff has helped support our region through these trying times. Many behavioral health providers in other areas have reduced service availability when PBH was scaling up our capacity to provide new patient appointments and increase service delivery. I am proud to be a part of a team of individuals who have worked tirelessly to keep our facilities going to meet the increasing behavioral health need of our community members.

Despite the challenges brought on by COVID-19, our organization and our staff have continued to thrive. We are excited to be expanding our homeless outreach services in both Sequim and Port Angeles, have created a Peer Bridger program to assist individuals in the transition from psychiatric inpatient care back to the community, and moving toward a long-overdue renovation of our 19-bed assisted living facility, Arlene Engel Home. We continue to look for ways to provide our local residents with the most effective and efficient care.

Our biggest project this year has only just begun. We all know that housing is a challenge in our community, and no single organization will be able to resolve the housing deficit. In partnership with numerous local nonprofit organizations, Clallam County and the City of Port Angeles, PBH is renovating a motel built in 1937 into 25 units of affordable housing for those most in need. Sometimes it truly does take a village to make big things happen. Bringing this project to fruition has taken a collective approach, and we have seen an incredible outpouring of community support.

We look forward to supporting some of our most vulnerable residents by providing safe, affordable housing with support to ensure a successful transition from homelessness.

PBH could not make the impact we do without the support of community members like you. Whether you are an ambassador of kindness and battling the stigma of behavioral health or making a financial contribution to help us fill in the gaps in the funding we receive to do this work, your commitment to the amazing work at PBH is appreciated. We would not be successful in tackling big problems without you.

~ Wendy Sisk

PBH'S 2021

ADVENTURE ITEM DONATIONS:

7 CEDARS

ADVENTURES THROUGH KAYAKING

BOWMAN FARMS

CITY OF PORT ANGELES FIRE DEPARTMENT

CLALLAM COUNTY FIRE DISTRICT
NO. 3

CLINT AND SYDNEY SOELTER

COMMUNITY BOATING PROGRAM

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FOG HORN OLIVE OIL

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JUDY AND ROBERT STIPE

KAYLEE CAMMACK

KEITH'S FRAME OF MIND

MEG AND BUDDY DEPEW

NORM AND HELEN SCHAAF

NOR'WESTER ROTARY CLUB

SEQUIM VALLEY CAR CLUB

SUMMER MARTELL

THE WORKS



An Hour Long Scenic Flight Over the Olympic Peninsula.

We knew we couldn't hold an in-person event, but we couldn't give up on our efforts to raise money for our clients. We got creative and came up with a super fun idea that we called *The Adventure Auction*. If the pandemic has taught us anything it's that we need to build memories with friends and family.

Private, exclusive experiences were curated to enjoy right here in the most beautiful spot in the world: scenic flights over the Olympic Peninsula in a helicopter, a biplane and a Cessna; a ride to school fire truck; a guided kayaking tour of the Whale Trail; tapas tasting at the fabulous Fog Horn Olive Oil; even a ride in a private parade of Model A Fords. **These are just a few of the adventures** that we auctioned off!

Thank you to everyone who was able to support PBH's first-ever online auction fundraising efforts! We may have to do it again sometime!



Clallam Co. Dist. 3 picks up Kingston from school.
Photo by The Sequim Gazette

ADVENTURE AUCTION



Nor'Wester work crew for hire.



Caravan and Picnic in Model A.



PAFD takes Harper to preschool.



Private party at Bowman Farms.



Guided Tour of the Whale Trail.

Photo and Experience by Adventures Through Kayaking

AUCTION SPONSORS:

AMERIGROUP

COMMUNITY HEALTH PLAN OF WASHINGTON

FIRST FEDERAL

PENINSULA DAILY NEWS

GENOA PHARAMCY

MOSS ADAMS

Dan Becraft

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PACIFIC OFFICE EQUIPMENT

7 CEDARS

MORGAN STANLEY

OLYMPIC MEDICAL CENTER

CALLIS AND ASSOCIATES

COLDWELL BANKER

8TH STREET CAR WASH

JACE REAL ESTATE

OPTUM

NORTH OLYMPIC HEALTHCARE NETWORK

TEAM MCALEER

IRWIN DENTAL

THANK YOU!

Capital Campaign Contributors

\$75,000

Premera Blue Cross and the Empire Health Foundation

\$50,000

First Federal Community Foundation

\$25,000

Grant and Karen Munro

\$20,000

Gwyn and Paul Wessel

\$14,000+

Dolores Reher and Thomasine Schwent

\$10,000+

Dave Shreffler and Ann Soule

Almost \$200,000 Raised for Our Residential Programs. Only \$100,000 to Go!

Thank You!

\$10,000

Albert Haller Foundation Benjamin Phillips Memorial Trust

\$12,000

Kitsap Bank

\$1,500-\$3,000

David and Kathleen Brown
Dawn Brown
Ed and Phyllis Hopfner
Carol and Randy Johnson
Maura and Roger Oakes
PayPal Giving Fund
Nina Pitts
Dan Pottiger
Dean and Deb Reed
Roderic and Wendy Sisk
Gene and Norma Turner
James and Marianne Ude
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Steve Zenovic

\$1,000-\$1,499

Amanda and John Beitzel
Dungeness Valley Lutheran Church
Jen Gouge
John and Patricia Lebowitz
Richard Manning
Donna Matyskiela
Rebekah Miller
Network For Good
Olympic Area on Aging
Soroptimist International of Sequim
Karla Strutzel
Don and Geri Zanon

Monies raised in our annual campaign allow us to serve every eligible client regardless of their ability to pay. We couldn't do this without **you**!

Our 2021 Donors!

\$501-\$999

Russ and Sarah Britton
Carlsborg VFW Post 6787
David and Elizabeth Christian
Dena Crosby
Timi Iddings
Anita and Jeff Mauger
March and Jon Picker
Joe Reis
Rebecca Rockefeller
Amy Scott
Catherine Sisk
Clint and Sydney Soelter
Chris and Kathy Stevens

\$251-\$500

Carol and Jack Barnes Rene Bauer Angie Berglund Chris Booze Buddy and Meg Depew Jack Depperschmidt Andrea Epstein Susan Fisher Jean and Ricardo Fleischfresser Rick Hahn Holy Trinity Lutheran Church James and Lucy Kittrick Kathryn Kruse Ianie and Ken Leuthold Helen and Norm Schaaf Steve Tharinger Audrey and Marty Van Dyken

to \$250

Anonymous
Sandra Allen
Cody Barker
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Lisa Boulware
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Deborah Christiansen
Brian Crosby
Pam and Paul Cunningham
Jeanette Curry
Suzanne DeBey
Danielle DeOliveira
Katherine Duff
Frank Finney
Lyell Fox

cont. to \$250

Iantha and Raymond Frazer

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Rob and Sandi Gipe Warren Gordon Meredith Greer Kathleen Gresli Debbie Hann Laura Havens Lea Heaton Susanne and William Herrick Cyndie and Larry Hueth Kyra and Steven Humphrev Adam Jordan Donavon Koker Kathy and Richard Lohrman Mozelle Maness Iim and Robbie Mantooth Paul and Sharon Martin Cheryl Miller Donald and Iudith Miller Ioan Mitchell **James and Patricia Mock** Mitchell Mounteer **Ianet Nickolaus Iennifer Odland** David and Jeanne Oldenkamp Mark Ozias Kerry and Marilyn **Perkins** Cheryl Possinger Adeline Prange Bob and Kathi Pressley Ashlee Reaves Cindy Ross Stephanie Sauter John and Rose Sebastian Soroptimist International of PA, Jet Set Darla Sparks Marianne Sullivan Ed and Kathy Tulloch Lisa Walls Chase Whale Jessica Whiteplume Shenna Younger

In Memory of

Dan Mock

Donations by
Brian Crosby
Dena Crosby
James and Patricia Mock

Dawn Laig

Donation by Kathryn Kruse

Dawn Saiz

Donation by Cheryl Miller

Donna Gill

Donations by
Dawn Brown
Debbi Hann
Cyndi and Larry Hueth
Joan Mitchell
Mitchell Mounteer

Teresa Van Dyken

Donation by Audrey and Marty Van Dyken

In Honor of

Cindy Ross
Scholarship presented by
Soroptimist International of PA,
Jet Set

In-Kind Donations

Nathan and Amber Eby
Deirdre Frank
Pam Lindquist
Roderic and Wendy Sisk
Dave Shreffler
Ann Soule
Chase Whale
Marsha Welch

Is your name missing from this list?

We are so sorry!

Please let us know so we can correct our

records.

7

2021 Financial Report

	Fiscal Year 2020	Fiscal Year 2021
Public Support		
BHO/ASO	\$5,009,111	\$1,533,645
Managed Care Organizations	\$4,359,836	\$8,104,066
State and Local	\$936,198	\$3,278,14
Contributions	\$460,518	\$118,957
Total Public Support	\$10,765,663	\$13,785,081
Patient Service Revenue	\$365,891	\$360,401
Rental and Other Income	\$251,728	\$316,070
TOTAL PUBLIC SUPPORT & REVENUE	\$11,383,282	\$14,461,552
Operating Expenses		
Salaries and Benefits	\$8,983,927	\$10,846,513
Supply and Other Expenses	\$812,702	\$983,542
Administrative	\$326,613	\$256,195
Occupancy	\$221,267	\$421,972
Depreciation and Amortization	\$278,673	\$363,279
Interest	\$49,003	\$45,955
Total Operating Expenses	\$10,672,184	\$12,917,334
EXCESS OF REVENUES OVER EXPENSES	\$711,098	\$1,544,218

OUR FRIENDS WHO DESIGNATED THEIR UNITED WAY GIFT TO PBH

Sandra Allen Ashley Baker Angie Berglund Norm Bernahl Merri Bevans Linda Boardman Chris Booze Dawn Brown Christine Burnell Shanna Butler **Judith Carlson** Hilary Clark **Bunny Claxton** Jeanette Curry Mike and Patsene Dashiell Meg Depew Damini Djenaba 8

Jaymie Doane Tara Dupont **Jennifer Edgmon** Pearl Escuredo Susan Fisher **Iessica Freeze Iessica Garcia** Rosario German Brenda Gilchrist **Kelly Gonzales** Jen Gouge Jessica Grello Katherine Hansen **Casey Harding** Amanda Hill Nicole Hill Kathleen Howard

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Alexis Ottaway-Chung Cheryl Possinger Dan Pottiger **Matthew Pressley** Pauline Preston **Ioe Reis** Rebecca Rockefeller **Amy Scott** Kimberly Shannon Wendy Sisk Sydney Soelter **Kathy Stevens** Will Stevenson, Jr. Robert and Cindy Tulloch

Anthony Turchin
Amber ValdezBlack
Monica
Vanderheiden
Erin Warren
Don and Geri
Zanon
Steve Zenovic
Wes Zimmer
Anonymous



My gift should be directed to:

Capital Campaign for Residential Services

General Fund for Underinsured Clients

Peninsula Behavioral Health depends on the generous support of individuals and community partners to bridge the gaps for underinsured patients. Every dollar you donate will directly support community behavioral health and crisis support services. PBH is a 501(c)3 not-for-profit agency with tax exempt status.

The Unique Postion of the Designated Crisis Responder

Who is a DCR and what do they do?

PBH is home to the only Designated Crisis Responders (DCR) from the shores of Crescent Lake to the Jefferson County line. A DCR is the only qualified mental health professional in the State of Washington that determines if a person presents harm to self/others/property, or is gravely disabled and is at imminent risk and in need of involuntary intervention and hospitalization.

The work of a DCR and the Crisis Intervention team is a great balancing act. When someone is facing a mental health crisis, it's often challenging, and it can be the most devastating turning point of their lives. DCRs are called to the scene of crises to assess safety and current needs, interface with the court systems and law enforcement, and spend many hours working with individuals, families, and community partners to establish an individualized plan of care.

The goal is always to surround the person in crisis with support, options, and advocacy. DCRs strive to take the least restrictive approach and exhaust all efforts to divert individuals from involuntary detention. However, the very nature of the DCR role exists to ensure and uphold this option to keep individuals and the community safe where necessary. DCRs must adhere to the Involuntary Treatment Act (ITA) (RCW 71.05 & RCW 71.34) in any and all of the functions of their professional role.

DCRs work in twelve-hour shift rotations and can be dispatched any time, including holidays, evenings, and weekends. Their goal is to help individuals and their loved ones establish the best course of action during what is often one of their worst days. While the role is very demanding, the reward is seeing clients take their first, courageous steps toward a new way of life, wellness, and recovery.

In 2021, the PBH Crisis Intervention Team:

- trained over 65 medical, legal, community support, and police officers
- answered 302 crisis calls per month
 that's 3,600 a year
- welcomed 98 individuals into the Clallam County Respite Center
- conducted **68 mobile crisis** outreaches
- resolved 894 mental health crises in the County

Residential Programs

Transforming the All View Motel

We may not have a crystal ball, but we can tell you that Peninsula Behavioral Health has some BIG projects slated for 2022. It's commonly regarded as one of Clallam County's biggest challenges: the housing shortage. And this is especially true for affordable housing. As you may have heard, PBH is converting the All View Motel into permanent supportive housing to do what we can to help about forty people, including children, get a fresh start in life.

We couldn't have even considered such an enormous – and expensive – undertaking if it were not for the support we received from Clallam County and the City of Port Angeles. When we applied for a Housing Trust Fund grant through the Department of Commerce, it was stipulated that we had to have local funding; Port Angeles and Clallam County each invested **\$337,500**.





In December, the Department of Commerce officially notified us that PBH was awarded **\$2,901,862**. The wheels are already rolling, and the new housing development will be ready for residents this spring!

Renovating Arlene Engel Home

Another enormous project that has been looming is the renovation of Arlene Engel Home (AEH), our assisted living facility for 19 residents with serious and persistent mental health. Unfortunately, the almost 100-year-old building is in a critical state of repair, and proverbial bandages are no longer a tenable solution.

PBH has owned AEH for almost forty years, and we had to decide to either close it or raise funds to do the renovation. It is rare to find a home like this in any part of the state, but Clallam County has a gem worth preserving to make our clients' lives better and make our community a better place to live.

In the end, it wasn't a difficult question. Knowing how much you believe in our work, we've officially kicked off a capital campaign for 2022. We're already well on our way with almost \$200,000 raised and an invitation from the Murdock Trust to apply for \$350,000.

Please let us know if you would like to join PBH's Capital Campaign!

Inside Crisis Intervention Services

In December 2020, Kayla Kressler joined the PBH leadership team as the Supervisor of Crisis Intervention Services (CIS). She quickly hit the ground running by connecting with local community partners to gain a clear understanding of the needs of Clallam County. Her primary focus has been ensuring that everyone feels empowered to make the changes needed to improve service delivery, program integrity, and, most importantly, client and family service experience.

Kayla's team and Clinical Director of Intensive Services Monica Vanderheiden piloted training opportunities for community partners like Clallam County Sherriff's Office, Port Angeles Police Department, Sequim Police Department, Jamestown Family Health Clinic, Clallam County Transit Authority, Peninsula College, and Olympic Medical Center.

These training opportunities – totaling 71 hours – and continued dialogue and growing relationships helped mitigate the unforeseen consequences of HB1310 that went into effect in July 2021. This legislation mandated a dramatic shift from all providers and first responders when attending to community and individual crisis events and encounters.

Community partners regularly meet at the table to identify challenges, needs, goals, and creative ways to overcome barriers to accessing care for those most vulnerable persons faced with adversity in Clallam County.

Within the agency itself, Kayla's team grew to six full-time DCRs, a second crisis case manager was hired, and the Salish Behavioral Health Services Organization funded the new Peer Bridger Services. This unique role guides individuals who are transitioning from inpatient hospitalization episodes back to their home community and support system. The Clallam County Respite Center (CCRC) received a facelift with new staff, clinical programming integration, and healing arts.

Because of the spirit of our community, the willingness of local partners, contributions and continued support from our donors and funders, the determination of our staff, and most importantly, the profound courage of those who reach for the helpers and entrust us time and time again-.... with you, for you, because of you! Together we can and will continue to make a difference in Clallam County. It takes a village. We are honored to be here.

~ *Kayla Kressler*, MHP, DCR



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