

2023

PENINSULA Behavioral Health

Peninsula Behavioral HEALTH_{IM}

Contents

16.3 M BUDGET

135 STAFF

> 3,132 PEOPLE SERVED

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Letter From Our CEO

I always appreciate taking time to reflect on the past year. Once again, I can see both challenges and successes across our organization. We have seen new programs come into being and have seen colleagues come and go. We have weathered the storm of the public health emergency unwind, which has increased the number of individuals without healthcare coverage in our community and decreased resources to support uncompensated care.

As with every other industry, behavioral health is experiencing a significant workforce shortage. Even as some departments are struggling with staffing, we see the incredibly dedicated and compassionate staff at PBH pulling together to support one another. When other organizations have stopped accepting new clients, we have worked to ensure quick and easy access to care.

I am incredibly proud that in 2023 we partnered with the Washington Healthcare Authority and launched the New Journeys program, providing intensive wrap around services for community members facing a first episode of psychosis. We were asked to work with the state to create a model of this program that could be effective in rural communities and our team rose to this challenge. We know that by intervening early and with additional supports, we can improve lifelong health and wellbeing for those who may experience serious and persistent mental health concerns. This evidence-based care model has the potential to change lives.

Another triumph this year was the completion of Dawn View Court Apartments. Housing is at the crux of many social challenges. With a local vacancy rate of 0%, skyrocketing real estate prices, and long waitlists for low-income housing, these apartments have made a huge impact. It is difficult to remember to take your medications, show up for appointments, or go back to work when you are spending all your time just working to survive. Safe, stable, and affordable housing allows people to take the time to focus on their health, get back to work, and rebuild their lives. We were not surprised by the number of applicants for these units and are exploring creating more housing opportunities in the future.

In all that we do, we could not do it alone. It is through community partnerships and the generosity of our supporters that we are able to make a difference, one life at a time. We appreciate your willingness to support the important work we do to make our community a place to thrive.

Our Mission



Our Mission

To provide quality comprehensive behavioral health services to the residents of our community.



Beyond the Ordinary

At Peninsula Behavioral Health, our mission goes far beyond the ordinary. We are committed to providing quality, comprehensive behavioral health services to the residents of our community regardless of their financial situation. Our mission is the cornerstone of everything we do, and it encapsulates our dedication to fostering mental wellness and resilience among our community members. Our mission is a driving force that propels us forward every day, inspiring us to make a real difference in the lives of those we serve.

We believe that every individual, regardless of their circumstances, deserves access to top-tier behavioral health care.

"Quality" to us means services that are evidence-based, compassionate, and personalized to meet the unique needs of each person we serve.

Our community is at the heart of our mission. We're not just here to offer services; we're here to make a difference in the lives of our neighbors, friends, and families.

Our approach is "comprehensive" because we understand that behavioral health is a multifaceted aspect of overall well-being.

Our Vision & Values

Our Vision

We aspire to see a community where physical, mental, and emotional well-being are prioritized and accessible to all. This means not only addressing the immediate health concerns but also promoting preventive measures and holistic wellness. A healthy, thriving environment where individuals have the resources and knowledge to lead fulfilling lives is at the core of our vision.

Our dream extends to a place where empathy and compassion are woven into the fabric of daily life. We envision a space where every member feels secure, both physically and emotionally. Somewhere neighbors look out for each other, where support is readily available, and where the spirit of giving back is ingrained. We envision individuals not just existing side by side; but actively nurturing each other's well-being.

Our community is dynamic, and so are its needs. We understand that our vision must be adaptable and responsive. We are committed to continuously evolving our services, programs, and resources.

Our Values

Integrity is the cornerstone of our character. We believe in honesty, transparency, and ethical conduct in all that we do. Our commitment to integrity means that we provide our services with the utmost sincerity and accountability.

Every individual deserves to be treated with respect and dignity. We hold this value close to our hearts, ensuring that all clients and community members are afforded the respect they deserve.

Excellence is our standard. We are dedicated to delivering the highest quality behavioral health services possible. We strive to provide our clients with services that are effective, compassionate, and tailored to their unique needs.

Meaningful change and progress are best achieved through collaboration. We value teamwork and partnerships. By working together, we can leverage our collective strengths to better serve our community and address complex behavioral health challenges.



Our Vision

To support the development of a healthy, caring, and safe community while responding to its evolving needs.





Our Values

Integrity
Dignity
Quality
Collaboration





Board of Directors

We are privileged to be guided by a committed and visionary Board of Directors, a team dedicated to navigating the complexities of our community's mental health, substance use, and housing challenges. The board members collectively contribute their expertise, passion, and diverse perspectives to ensure PBH remains a beacon of hope and support for those in need. Our Board of Directors is the driving force behind our mission to provide accessible and comprehensive behavioral healthcare. Their strategic vision, financial stewardship, community advocacy, and commitment to ethical governance collectively contribute to the success and resilience of PBH as a vital resource for the community's well-being. **Our board's dedication reflects the shared belief that every individual in the community deserves the opportunity for healing and hope.**



David Arand *President*



Tom O'Donnell Vice President



Jody Copeland Treasurer/Secretary



Russ Britton
Past President



Elizabeth Christian



Mike Hill



Desi Larson



Vicki Lowe



March Picker

Meet Our Leadership



Our Leadership team recognizes the pressing challenges of mental health, substance use, and housing crises, in our community. We are dedicated to finding innovative and effective solutions. We understand that mental health, substance use, and housing issues are interconnected facets of a complex web, and addressing them requires a holistic and empathetic approach. Through strategic planning, collaboration, and a deep understanding of the unique needs of our community, we aim to create a support system that nurtures the mental well-being of individuals, helps them overcome substance use disorder, and ensures stable housing. **Our leaders are steering the organization towards a future where compassionate care is not just a goal but a reality for everyone.**



Our job is to provide hope and be able to walk beside people through some of the most difficult points in their lives.

Wendy Sisk,
Chief Executive Officer



Dawn Brown,
Chief Finance Officer



Joseph Reis,
Chief Medical Officer



Kathy Stevens,
Chief Operations Officer



Angel Dennis,

Development

Director



Ashley Freeman,
Financial
Controller



Anita Mauger, Human Resources



Rebecca Murphy,
Director of
Intensive Services



Matt Pressley, Information Technology Director



Sydney Upham Soelter,

Director of Quality

and Compliance

2023 Financial Report

STATEMENT OF ACTIVITIES

	As of 6/30/23	As of 6/30/22	As of 6/30/2021
Revenue	2023	2022	2021
Public Support	\$15,392,340	\$18,451,826	\$13,035,083
Patient Service Revenue	\$565,255	\$236,216	\$360,401
Rental and Other Income	\$348,745	\$174,320	\$313,513
TOTAL REVENUE	\$16,306,340	\$18,862,362	\$13,708,997
Expenses			
Salaries and Benefits	\$12,513,391	\$11,635,184	\$10,846,513
Supply and Other Expenses	\$1,814,614	\$1,360,517	\$983,419
Administrative	\$263,648	\$849,700	\$256,195
Occupancy	\$476,094	\$602,332	\$421,973
Depreciation and Amortization	\$589,827	\$505,703	\$363,279
Interest	\$127,802	\$74,459	\$45,955
Total Expenses	\$15,785,376	\$15,047,895	\$12,917,334
EXCESS OF REVENUES OVER EXPENSES	\$520,964	\$3,814,467*	\$791,663

^{*}Excess revenues are a result of capital grants/investments in Dawn View Court and ERTC tax credit receivable.

UNITED WAY COMMUNITY DONORS RAISED MORE THAN \$12K FOR PBH

Yaoying Aichele Cecille Anderson Tony Anderson Roberta Anderson Makaela Baker George Bartsch Rebecca Beck Amy Bell Angie Berglund Andrea Blake Linda Boardman Diana Bossell Mark and Nancy Bowman Dawn Brown Renee Buehler Christine Burnell Judith Carlson

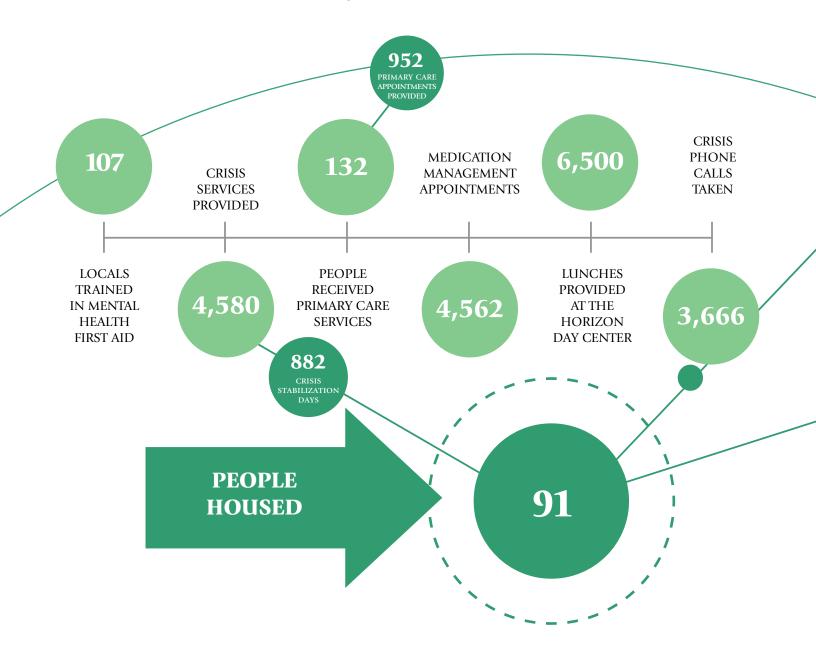
Roxanne Charles Hilary Clark Richard Coda Jessica Constant Kelly and Mickey Cook Dena Crosby Jeanette Curry Danielle DeOliveira **Buddy and Meg Depew** Jaymie Doane Paige Foth Li-Hui Gordon Melissa Harris Alyssa Hayes Laura Holt Timi Iddings Shelly Johnson

James and Sandra Jones Patty Jordan Rhiannon Karnas Michelle Kaser Brenda and Scott Kennedy Janie and Ken Leuthold Anita and Jeff Mauger James and Lori McLaughlin Karin Memmer Lauren Mosley Wendy Olson Dawn O'Neill Pearl Pallister Sarah Perry Dan Pottiger Matthew Pressley Pauline Preston

Ashlee Reaves Andrew Reiners **Joe Reis** Samantha Rodahl Katie and Ryan Rudd Katherine Rudd Janno Scheer Amy Scott Roderic and Wendy Sisk Sydney Soelter Upham Will Stevenson Cindy and Robert Tulloch Monica Vanderheiden Michelle R. Williams Don and Geri Zanon Rosario Zenobi Wes Zimmer



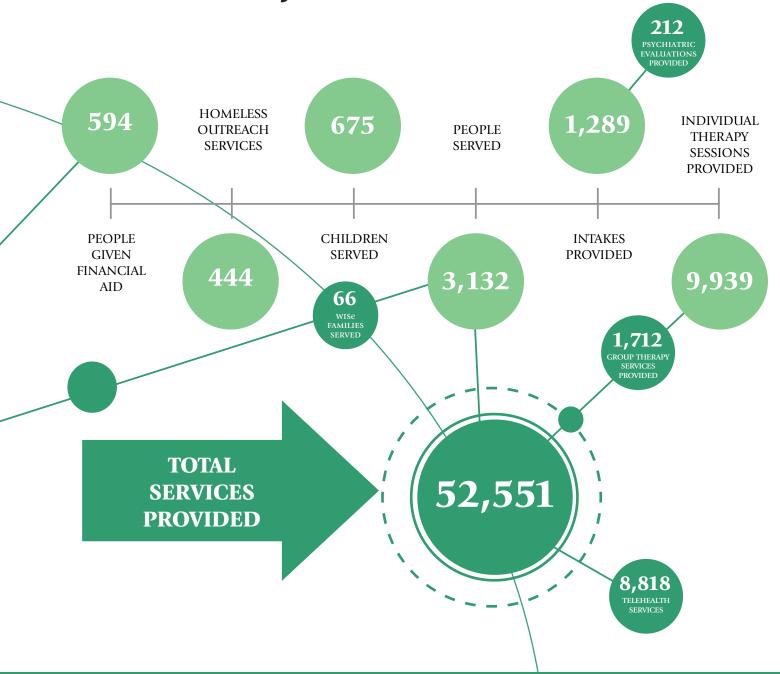
Community Impact



PBH is on a mission to reduce hospitalizations.

Hospitalizations for mental health crisis put an enormous burden on our community and each individual resident.

Summary of Services



By providing local crisis care, we are reducing the cost of expensive inpatient treatment for many residents, and alleviating pressure on families, emergency rooms, the Port Angeles and Sequim Police Departments, and Clallam County Jail.

Amplifying Impact



COMMUNITY GIVING AWARD

\$25K

CRITICAL BEHAVIORAL HEALTH
SERVICES FOR UNDER-INSURED AND
UNINSURED INDIVIDUALS

SALISH BEHAVIORAL HEALTH ASO

+\$38K

IMPLEMENTATION OF CENTRALIZED SCHEDULING



\$5K

ESSENTIAL ITEMS FOR LOW-INCOME FAMILIES MOVING INTO DAWN VIEW COURT

Together, we can do more.

Imagine the ripple effect of your support - providing access to crucial behavioral health care for those who may otherwise go without it. Your support isn't just an investment; it's a lifeline for someone struggling with mental illness or substance use disorders.

Chank your FOR YOUR SUPPORT

Peninsula Behavioral Health

Through strategic efforts, we are working tirelessly to leverage additional resources, allowing us to stretch each donation further and optimize our ability to serve those in need of behavioral healthcare. By actively pursuing grants and fostering partnerships within the community, we aim to augment our financial resources, enabling us to amplyfy our impact. Your support is not only sustaining our existing projects but is also facilitating the exploration of new avenues and approaches to better meet the diverse needs of individuals seeking behavioral health support.

CLALLAM COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

+\$147K

THE Albert Haller FOUNDATION Est. 1992

\$9.5K



United Way of Clallam County

+\$49K

Chris and Mary Lou Melly



Dolores Reher and Thomasine Schwent 56K

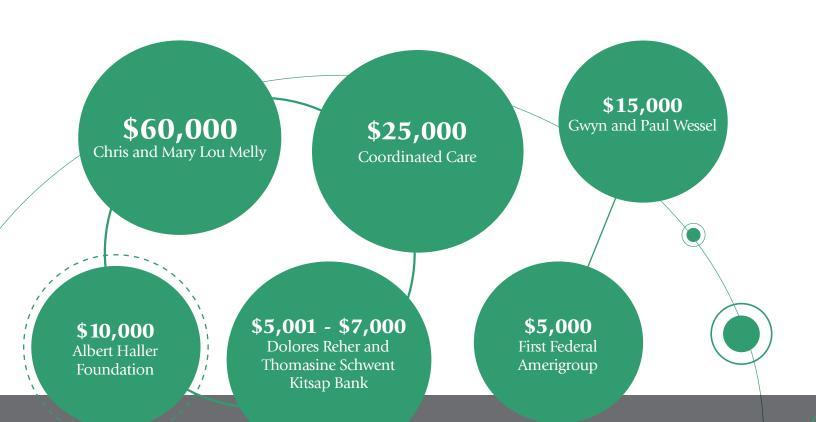
Swain's **\$2K**

Experience the joy of collective giving, where small contributions come together to create a powerful force for positive change.

Karla Strutzel \$4K JOIN HANDS
WITH A
COMMUNITY
OF GIVERS.

Gwyn and Paul Wessell \$15K

2023 Annual Donors



\$2,001- \$4,000

Elizabeth Bowman
Jamestown S'klallam Tribe
Carol and Randy Johnson
Molina Healthcare
Jane Olson
Dave Shreffler and Ann Soule
Roderic and Wendy Sisk
Soroptimist International of Sequim
Karla Strutzel

Is your name missing?
We are so sorry!
Please let us know so we can correct our records.

\$1,001 - \$2,000

Rebecca Allman Carol and Jack Barnes Dungeness Valley Lutheran Church Frank Finney Jen Gouge Geoffrey Hueter Randall Johnson Kiwanis Club of Port Angeles Brenda and Scott Kennedy Maura and Roger Oakes PayPal Giving Fund Dann Pottiger Steve Tharinger John and Mary Wegmann Getta and Stephen Workman Don and Geri Zanon

2023 Annual Do

David and Elizabeth Christian

Richard Coda

Jessica Constant

\$501 - \$1,000

Angie Berglund Dawn Brown Anita and Jeff Mauger Mike Maxwell Bob and Kathi Pressley Dean and Deb Reed Victoria Rockholt Katie and Ryan Rudd Janno Scheer **Amy Scott** Catherine Sisk

\$251 - \$500

8th St Car Wash David and Kathy Brown Christine Burnell **Buddy and Meg Depew** Darren Dubois Sarri Gilman Donald Houghtalen Patty Jordan Janie and Ken Leuthold Network for Good Mark Nichols Jerry and Kayla Oakes Fred Ross **Christy Smith** Cindy and Robert Tulloch

to \$250

Makaela Baker George Bartsch Rebecca Beck Amanda and John Beitzel Amy Bell Andrea Blake Linda Boardman Diana Bossell

Ben and Jamie Curran Danielle DeOliveira Jean and Ricardo Fleischfresser Li-Hui Gordon Ted Browning Teresa Buckland Renee Buehler Shawnda Hicks Laura Holt Jason Chadick Roxanne Charles

Michele Jaeger Shelly Johnson James and Sandra Jones Rhiannon Karnas Michelle Kaser Lola Little-McCubbin Vicki Lowe Roberta Mantooth Grant and Karen Munro Tom O'Donnell David and Jeanne Oldenkamp Wendy Olson

Dawn O'Neill

Rachel Owsley Pearl Pallister Edna Petersen Pauline Preston Lowell Rathbun Ashlee Reaves Andrew Reiners Ioe Reis Karla Richardson Samantha Rodahl Richard Schneider John and Rose Sebastian Will Stevenson Heather Lynn Titterness Monica Vanderheiden Michelle R. Williams

HOUSING STABILITY

Recognizing the essential link between housing and mental well-being, we're dedicated to providing housing stability to those in our community who need it the most. Your support enables us to expand these efforts and work towards building more supportive housing in the near future. **Thank you for being a vital part of our mission.**

29 Adults & 7 Children

housed at Dawn View Court

19 Adults

housed in PBH's Transitional Homes

39 Unit

Housing Capacity

Thank You

to everyone who sponsored an apartment at Dawn View Court.

Thank you Nor'Wester Rotary Club of Port Angeles for installing a stunning new gazebo at the Dawn View Court.

Carol and Jack Barnes
Andy and Colleen Brastad
David and Kathy Brown
Margaret Daley
Frank Finney
Susanne and William Herrick
Carol and Randy Johnson
John and Vivian Mulligan
Jane Olson
Jaycie Osterberg
Edna Petersen
Jon and March Picker
Richard Schneider
Catherine Sisk
Gwyn and Paul Wessel

2023 GALA **SPONSORS**



GOLD SPONSORS First Federal Amerigroup

SILVER SPONSORS

Callis & Associates Insurance Community Health Plan of Washington Genoa Healthcare Jamestown Family Health Clinic Dave Shreffler and Ann Soule

BRONZE SPONSORS

Jen Gouge & Dick Manning The University Group at Morgan Stanley Moss Adams Maura Oakes and Roger Oakes Olympic Medical Center Getta Workman and Stephen Workman

SAVE THE DAT

Join Us for a Night You Will Never Forget

Keynote Sean Astin

2024 Annual Gala | peninsulabehavioral.org

Actor/director best known for his film and television roles such as Bob Newby, a former high school friend and love interest to Winona Ryder's character, Joyce Byers in Season 2 of Netflix's horror thriller "Stranger Things." Astin of course is also known for his classic and beloved characters - Sam in the Lord of the Rings trilogy and the title character of Rudy and Mikey in the popular classic The Goonies. Mikey in the popular classic The Goonies.



2024 ANNUAL GALA

Our Keynote Speaker Sean Astin is an actor/director best known for his film and television roles such as Bob Newby, a former high school friend and love interest to Winona Ryder's character, Joyce Byers in Season 2 of Netflix's horror thriller "Stranger Things." Astin of course is also known for his classic and beloved characters - Sam in the *Lord of the Rings* trilogy and the title character of *Rudy* and Mikey in the popular classic *The Goonies*.

Astin starred as Ed in Netflix's family sitcom, "No Good Nick," guest starred in "Brooklyn Nine-Nine" and "The Big Bang Theory." Astin joined the cast of NBC's "Young Rock," as Dwayne Johnson's childhood nemesis. Currently, Astin will play Sunny Gryce, in S2 of HBO's "Perry Mason" as a new client of Perry and Della's. Astin has also been cast as Becky's love interest, in S5 of ABC's "The Conners."

Recent films include; Astin's powerful performance as Jeremy in Julianne Moore's film *Gloria Bell, Mayfield's Game* opposite Mira Sorvino, *Charming The Hearts of Men* opposite Kelsey Grammer, *Hero Mode, Adverse, Rose Island* and is the voice of Shazam in *Lego DC Shazam – Magic & Monsters*.

Astin is no stranger to thrillers, with dramatic turns in numerous television, film and series, including Guillermo Del Toro's "The Strain" on (FX) and the fifth season of "24" (Fox).

Recently Astin narrated and produced *Playing with Power: The Nintendo Story*. In 2019, Astin reprised his iconic role of Daniel "Rudy" Ruettiger as Colonel Sanders in KFC's 'Rudy II' commercial ads.

Astin directed and produced the short film *Kangaroo Court*, which earned him an Academy Award® nomination for Best Live Action Short Film. Astin also directed and produced the live action short film *The Long and Short of It*, an official entry in the Sundance Film Festival. Astin has journeyed into episodic television, directing episodes of "Angel" (WB) and "Jeremiah" (Showtime).

The veteran actor recently narrated Dreamworks' original series Captain Underpants and has voiced many animated characters in films and television including Raphael in the Teenage.

Mutant Ninja Turtles (Nickelodeon), Bunnicula (WB), Justice League (WB), Special Agent Oso (Disney), Micronauts (Paramount) and Minecraft: Story Mode (Telltale).

Astin is an avid long-distance runner and triathlete. He completed the IRONMAN World Championship Triathlon in Kailua-Kona, Hawaii on October 10, 2015. He has also completed 12 Full Marathons including the 2016 New York City Marathon in honor of his late mother, Patty Duke for her life's work as an advocate for mental health.

We were privileged to have Patty as our first ever keynote speaker at our inaugural Gala in 2011. Now, we could not be more honored to have Sean step into his mother's shoes in 2024.

TICKETS OPTIONS



GENERAL ADMISSION UNASSIGNED SEATING FOR 1



VIP TABLE reserved seating for 8



Creating Connections,
Beyond the Stigma

TICKETS AVAILABLE ONLINE
NEW YEARS DAY

WWW.PENINSULABEHAVIORAL.ORG

May 2nd, 2024

FIELD ARTS & EVENTS HALL

Doors Open at 5PM

PRIME RIB
BUFFET DINNER
VEGAN OPTIONS AVAILABLE

SHOW YOUR SUPPORT

YES! I WANT TO

RSVP FOR A VIP TABLE TO THE 2024 ANNUAL GALA WITH SEAN ASTIN!	SHOW MY SUPPORT BY MAKING A DONATION! Make My Gift Monthly Make My Gift One Time	□ \$25 □ \$50 □ \$100 □ \$250	
☐ VIP Table for \$1,500	☐ Make My Gift Annual	\$500 \$	
RSVP FOR THE 2024 GALA	YES! Reserve (#tix at \$	6135 each)	
JOIN THE LEGACY SOCIETY	YES! I want more information	on on legacy gifting.	
Name			
Card #			
Expiration/_ CSV Email	# Zip		
Phone #		NEGOTE POPE	
Street Address			
City/State/Zip		EDM/AGASE	
\$100 per month raises \$1,200 and grants access to nessesary therapy for an uninsured person.	\$25 per month raises \$300 and supports art therapy for the Clallam County Respite Center.		
I want to establish an annuity that provides me with a fixed income during my lifetime while benefiting PBH afterward.			
☐ I want to create a trust, provincome for a specified period going to PBH afterward.	iding me or my loved ones with od of time, with the remainder		

Thank you for your support!

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