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#### **Our Mission**

To provide quality comprehensive behavioral health services to the residents of our community.



#### **Our Vision**

To support the development of a healthy, caring, and safe community while responding to its evolving needs.

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### Letter From Our CEO

As I reflect on the past year, I am filled with pride and deep gratitude for the remarkable strides we have made in advancing our mission to provide compassionate, comprehensive behavioral health services to our community. Your unwavering support has been the foundation of our success, enabling us to change lives and build a stronger, more resilient community.

This year has been particularly transformative for our housing initiatives. Housing is not just a place to live—it is a cornerstone of recovery, stability, and dignity. Thanks to your generosity, we are celebrating the success of **Dawn View Court Apartments**, which opened in 2023 and has already provided secure, supportive homes to many individuals. This project has been a beacon of hope, creating a nurturing environment where residents can thrive and regain their sense of community and independence.

In October 2024, we proudly opened **Sequim House**, a new transitional supportive housing program. Designed to help individuals transition from crisis to stability, Sequim House provides not only a safe place to stay but also the resources and guidance necessary to build a brighter future. This program is already making a significant difference in the lives of its residents.

Looking ahead, we are thrilled to announce the **North View** project, an ambitious and much-needed development. We marked this milestone with a Groundbreaking Ceremony in December 2024. When completed, North View will offer 36 units of Permanent Supportive Housing, providing long-term solutions for individuals facing homelessness and mental health challenges. This project represents our unwavering commitment to addressing these critical issues with compassion and innovation.

None of these milestones would be possible without our incredible team. I am deeply thankful for the dedication and compassion of everyone who contributes to our mission. From those providing direct support to individuals and families, to those working behind the scenes to ensure everything runs smoothly, every role is vital in transforming lives. Your tireless efforts in meeting urgent community needs and ensuring the success of our operations are truly appreciated.

To our donors, partners, and advocates—thank you for your continued generosity, trust, and belief in our work. Your support empowers us to expand our services, explore new solutions, and dream bigger for the people we serve. Together, we are building a community where everyone has the opportunity to heal, grow, and thrive. With your partnership, the future is bright, and our collective impact will only continue to grow.

- Wendy Sisk, CEO Peninsula Behavioral Health



### **Board of Directors**

We are fortunate to be guided by a dedicated and visionary Board of Directors, whose commitment drives our efforts to address the complex challenges of mental health, substance use, and housing in our community. Each member brings a unique blend of expertise, passion, and perspective, ensuring that Peninsula Behavioral Health continues to serve as a beacon of hope and support for those in need.

Our Board of Directors plays a pivotal role in advancing our mission to deliver accessible, comprehensive behavioral healthcare. Through their strategic leadership, sound financial oversight, community advocacy, and unwavering dedication to ethical governance, they help strengthen Peninsula Behavioral Health as a vital resource for our community. Their commitment underscores a shared belief that every individual deserves the opportunity to heal, thrive, and find hope.



**David Arand** *President* 



Tom O'Donnell
Vice President



**Mike Hill** Treasurer



**Desi Larson** *Secretary* 



**Elizabeth Christian** 



Vicki Lowe



**March Picker** 



**Kyle Henderson** 



## **Meet Our Leadership**

Our Leadership Team is acutely aware of the urgent challenges posed by mental health, substance use, and housing crises in our community. We recognize that these issues are deeply interconnected and require a holistic, compassionate approach to effectively address them. Through strategic planning, collaborative efforts, and a deep commitment to understanding the unique needs of those we serve, we strive to build a comprehensive support system. This system fosters mental well-being, empowers individuals to overcome substance use disorders, and promotes stable, secure housing. Our leaders are guiding the organization toward a future where compassionate care becomes a tangible reality for all.



Wendy Sisk Chef Executive Officer

"Our job is to provide hope and be able to walk beside people through some of the most difficult points in their lives."



**Dawn Brown**Chief Finance Officer



**Joseph Reis**Chief Medical Officer



**Kathy Stevens**Chief Operations Officer



**Tracy Sheldon**Development Director



**Ashley Freeman**Financial Controller



**Anita Mauger**Human Resources Director



**Angie Berglund**Director of Intensive
Services



**Matt Pressley** Information Technology Director



**Sydney Upham Soelter** Director of Quality and Compliance





# 2024 Financial Report

Statement of Activities	2024	2023	2022
Revenue	As of 6/30/24	As of 6/30/23	As of 6/30/22
Public Support	\$15,593,410	\$15,392,340	\$18,451,826
Patient Service Revenue	\$780,158	\$565,255	\$236,216
Rental and Other Income	\$469,310	\$348,745	\$174,320
Total Revenue	\$16,842,878	\$16,306,340	\$18,862,362
<b>Expenses</b> A	As of 6/30/24	As of 6/30/23	As of 6/30/22
Salaries and Benefits	\$12,752,164	\$12,513,391	\$11,635,184
Supply and Other Expenses	\$1,913,873	\$1,814,614	\$1,360,517
Administrative	\$370,674	\$263,648	\$849,700
Occupancy	\$481,411	\$476,094	\$602,332
Depreciation and Amortization		\$589,827	\$505,703
Interest	\$141,857	\$127,802	\$74,459
Total Expenses	\$16,340,787	\$15,785,376	\$15,047,895
Excess of Revenues Over Expenses	\$502,091	\$520,964	\$3,814,467*

<sup>\*</sup> Excess revenues are a result of capital grants/investments in Dawn View Court and ERTC tax credit receivable.







# **Funds Raised Through United Way**

#### United Way Community Donors and Peninsula Behavioral Staff raised over \$11K for Peninsula Behavioral Health in 2024!

\*Anonymous donations (10) Paige Foth

Yaoying Aichele Beth Anderson Roberta Anderson

George Bartsch

Amy Bell

Angie Berglund

Merri Bevans

Linda Boardman

Nancy Bowman

Dawn Brown

Christine Burnell

Judith Carlson

Christina Chadick

Hilary Clark

Kelly Cook

Kathleen Davis

Nicole DeMatties

Danielle DeOlivera

Meg DePew

Sam Farnum

Debbie Fredson

Jessica Freeze

Kathy Hansen

Elise V. Hoffman-Taus

Lindsay Hopper

Timi Iddings

Shelley Johnson

James Jones

Patty Jordan

Chelle Kaser

Janie and Ken Leuthold

Richard Manning

Sarah Marella

Anita Mauger

Lori McLaughlin

Karin Memmer

AJ Miller

Kyle Nervik

Wendy Olsen

Dawn O'Neil

Pearl Pallister

Julie Pearce

Sarah Perry

Dan Pottiger

Matthew Presslev

**Andrew Reiners** 

Joseph Reis

Samantha Rodahl

Janno Scheer

Amy Scott

Wendy Sisk

Mark Stefanovic

Kathy Stevens

Mandi Stratford

Jeff Tucker

Sydney Upham-Soelter

**Todd Weeks** 

Michael Wilev

Don R. and Geri G. Zanon

Rosario Zenobi

Wes 7 immer

### LAND ACKNOWLEDGEMENT



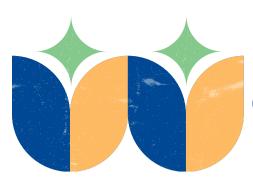
We would like to acknowledge the history of the land we are privileged to operate on. Clallam County is within the traditional territories of the Quileute, Makah, Lower Elwha Klallam, Jamestown S'Klallam, and Port Gamble S'Klallam. Further, the cities of Port Angeles and Sequim are located within the traditional territory of the S'Klallams/Klallams. These tribes have stewarded the lands and their peoples since time immemorial.

We are committed to ongoing learning, understanding, and collaboration. We recognize the importance of honoring and respecting Indigenous perspectives in our services and programs.



PBH adopted our Land **Acknowledgement** honoring the enduring connection of Native American tribes to their ancestral lands in 2024.





# **Community Impact**

By addressing critical mental health and substance use needs, Peninsula Behavioral Health is able to transform client outcomes and build a stronger, healthier, and more connected communities in Port Angeles and Sequim. We foster a culture of resilience and inclusion by addressing the root causes of behavioral health challenges.



**Primary care** appointments



4,658

Medication management appointments



People who received primary care



4,128

Lunches provided at **Horizon Center** 



3,713 Crisis phone calls received



,342



697

Crisis stabilization days



690

**Individuals** given homeless outreach



Individuals given financial aid through PBH



**Community members** trained in Mental **Health First Aid** 



# **Summary of Services**

We provide comprehensive behavioral health services, including counseling, crisis intervention, and support for mental health and substance use recovery.



3,400

Community members served



59,249

Services provided



Dedicated PBH staff



1,392

New client intakes provided



Psychiatric evaluations



Individual therapy sessions



Group therapy sessions provided



9,714

Telehealth sessions provided



Spent on Emergency Housing



Children served



WISe families served



Peninsula Behavioral Health is reducing barriers to access to care by combining behavioral and physical health care.

# Amplifying Impact

Through strategic efforts, we are working tirelessly to leverage additional resources, allowing us to stretch each donation further and optimize our ability to serve those in need of behavioral healthcare. By actively pursuing grants and fostering partnerships within the community, we aim to augment our financial resources, enabling us to amplify our impact. Your support is not only sustaining our existing projects but is also facilitating the exploration of new avenues and approaches to better meet the diverse needs of individuals seeking behavioral health support.



# Amplifying Impact -North View Project

Through strategic efforts, we are working tirelessly to leverage additional resources, allowing us to stretch each donation further and optimize our ability to serve those in need of Permanent Supportive Housing.

\$2,000,000\*

Clallam County Behavioral Health Advisory Board \$2,000,000\*

Clallam
County 1590 &
1406 Funds

\$740,000\*

City of Port Angeles \$502,500

Shreffler Family
Donation
Honoring Doug
Shreffler and Don &
Dorothy Shreffler

\$200,000

America's Foundation

\$36,474

Enterprise Community Partners, Inc. \$25,000\*

First Fed Foundation \$5,000

Public Plaza, LLC

\$250,000\*

Olympic Community of Health \*Funding received in FY 2024/2025

\$5,000\*

Kitsap Bank Community Connections



# 2024 Annual Donors

As 2024 draws to a close, we want to express our deepest gratitude for your unwavering support of Peninsula Behavioral Health. This year has been one of growth, resilience, and hope, and none of it would have been possible without your generosity. Your contributions have helped us expand our programs, reach more individuals in need, and provide life-changing services to those facing mental health and substance use challenges.

**Thank you** for believing in our mission and for standing with us as we work toward a healthier, more compassionate community. Together, we are changing lives and building a brighter future for all.

#### \$11,500

Gwyn and Paul Wessel

#### \$5,000

Thomasine Schwent

#### \$3,000

Karla Strutzel

#### \$2,000-\$2,999

Dawn Brown Jen Gouge Alda Siebrands

#### \$1,001 - \$1,999

Kathy and Rob Craven
Jonathan Freezer
Mike French
Carol and Randy Johnson
Vicki Lowe
Christina and Rick Miko
Maura and Roger Oakes
Dean and Deb Reed
Joe Reis
Roderic and Wendy Sisk

#### \$501 to \$1000

Suzanne Ames David Arand Norman Bernahl Flizabeth Bowman Teresa Buckland Christine Burnell Buddy and Meg Depew Julie Hatch Ed and Phyllis Hopfner Brian King Anita and Jeff Mauger Colleen McAleer Grant and Karen Munro Tom O'Donnell Amv Scott Catherine Sisk Steve Tharinger Sydney Upham Soelter John and Mary Wegmann

Steve Zenovic

#### \$251 to \$500

Terry Anderson Jacqueline Bain Angie Berglund Linda Boardman Mark and Nancy Bowman Elizabeth Brummerhop David and Elizabeth Christian Deanndra Cowden Suzanne DeBey Danielle DeOliveira Kate Dexter **Emily Dexter** Kathy Downer Frank Finnev Jean and Ricardo Fleischfresser Amanda Hill Michael Hill Cyndi Hueth Timi Iddings Anne Koomen David and Sarah Lewis

Susan MacDonald



### 2024 Annual Donors

#### \$251 to \$500

Jennifer Malocha John Manso Karry and Michael McGuire Brett Meier Natasha Meyers Amy Miller Louisa Monger Nicole Moreira Edna Petersen Eric Pickens Jon and March Picker Samantha Rodahl Jeffery Ryan Tracy Smith Gretchen Souza Chris & Kathy Stevens Cally Tauran Ginger Villella Tierra Wessel Colin Willson Daniel Wolfe

#### **Up to \$250**

Amanda Bacon
Gregory Bains
Cara Barnett
Merri Bevans
Evelyn Boyd
Ashley Buonpane
Maxine Ceraolo
Carollynn Chipman
Brigid Counts
Tim Dalton
Heather Davidson
Darcy Deyling

#### **Up to \$250**

Jennifer Dudley Jessica Egnew Heath Foxlee Debbie Fredson Jessica Freeze George Galasso Lory Garrett Regina Gilstrom Janet Gray Kathy Hansen Ann Marie Henninger Susanne and William Herrick Lori Holcomb Kyra and Steven Humphrey Mary and Paul Jendrucko Shelly Johnson Deborah Larson Kathy and Jim Long Loyal Lowrance Roberta Mantooth Erin McBride James and Lori McLaughlin Tanya Meyers Cheryl Miller Kasi O'Leary Dawn O'Neill

David and Jeanne

John and Rose Sebastian

Jennifer Smith-Grady

Oldenkamp

Anthony Perez Matthew Pressley

Houk Reyden

Craig Shawne

Bennett Smith

Will Stevenson

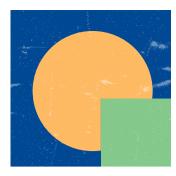
#### **Up to \$250**

Bobby Stone
Angel Torres
Todd Weeks
Stephen Workman
Richard Yorke
Wes Zimmer



We believe that every individual, regardless of their circumstances, deserves access to top-tier behavioral health care.

Thanks to YOUR generosity, we are fostering hope and building a stronger, healthier future for all.



### **North View**

Peninsula Behavioral Health has embarked on a new housing project, North View, which is a 36-unit Permanent Supportive Housing project strategically situated at the corner of 2nd and Oak Streets in Port Angeles.

North View will provide long-term housing solutions for individuals and families experiencing chronic homelessness, disabilities, mental health challenges, and substance use disorders. Our commitment extends beyond mere accommodation, emphasizing the crucial link between stable housing and improved mental health outcomes, fostering a holistic approach to healthcare in our community.





North View West facing facade at 2nd and Oak Street.

#### **Key Features of North View:**

- **Unit Composition:** 7 studios, 25 one-bedroom, and 4 two-bedroom units.
- Accessibility: 5 units (4 one-bedroom and 1 studio) will be ADA accessible.
- **Community Amenities:** Office space for property management, a community room, rooftop terraces, bicycle storage, and a central laundry room with a dog wash sink.
- **Sustainability:** High-efficiency heat pumps, rooftop solar panels, EV charger, and adherence to Evergreen Sustainable Development Standards.
- **Scenic Views:** Rooftop terraces will offer residents stunning views of the Strait of Juan de Fuca and the Olympic Mountains.



Southwest facing view.



# New Journeys Program at PBH

The **New Journeys** program offered through Peninsula Behavioral Health, in partnership with New Journeys Washington, is for individuals experiencing a first-episode of psychosis. Those who are eligible for the program and choose to participate are offered wrap around services including evidence-based psychotherapy, supported employment and education, peer support, case management, family education, and medication management.



New Journeys is for youth and adults between the ages of 15 to 40 years old. The person should have experienced symptoms of psychosis for more than or equal to 1 week and less than or equal to 2 years.

What is psychosis? Psychosis is a break with reality where the thoughts and perceptions of a person become disrupted. The onset of first episode psychosis typically presents in the teens and early 20's for males and the late 20's early 30's for females; it is unusual to see psychosis in children.

**Phases of Psychosis:** Psychosis occurs in 3 phases, Early, Acute and Recovery. The early phase can last anywhere from a few weeks to a year. Often the early signs of psychosis may be vague and attributed to a "phase" of adolescence because the typical characteristics of early psychosis are symptoms such as becoming socially withdrawn, experiencing loss of motivation, seeing a decline in performance in school or work and difficulties concentrating. These changes do not occur suddenly but happen gradually over the course of time.

**Recovery:** When you enter New Journeys program, you are given the opportunity to receive both individual resiliency therapy, as well as medication management, among other services to assist you in achieving recovery. While the pattern of recovery varies from person to person, psychosis is treatable, and recovery is expected.

New Journeys intake appointments are made by calling PBH at (360) 457-0431.





# 2024 Gala Highlights

Peninsula Behavioral Health hosted its annual Gala on May 2, 2024 featuring Keynote Speaker Sean Astin to a sold-out crowd at Field Arts and Events Hall. The theme of the Gala was "Creating Connections Beyond the Stigma." THANK YOU to our generous sponsors who were instrumental in making this special event a success and in furthering our mission to provide quality, comprehensive behavioral health services to the residents of our community. The Gala brought together community leaders, supporters, and advocates, raising crucial funds for essential programs, including mental health services, substance use disorder treatments, and our efforts to provide affordable housing and support services for individuals and families facing homelessness.

#### **Gold Sponsors**

- 7 Cedars Casino and Resort
- First Fed
- Wellpoint

#### **Silver Sponsors**

- Dave Shreffler and Ann Soule
- Genoa Healthcare
- Jamestown S'Klallam Tribe
- Miller Construction
- Molina Healthcare
- North Olympic Healthcare Network
- Olympic Medical Center
- Platypus Marine
- United Healthcare





Actor/director Sean Astin spoke about the importance of mental health. Astin's mother, Patty Duke, served as PBH's keynote speaker at its premier Gala.

#### **Bronze Sponsors**

- Callis & Associates Insurance
- Community Health Plan of WA
- Dick Manning and Jen Gouge
- Maura Oakes and Roger Oakes
- Moss Adams
- Sky Island Party Rentals
- The University Group at Morgan Stanley





### 2025 Annual Gala

#### **Mindful Together: Strength in Community**



Join us for a magical night with an epic keynote on resilience and mental health by Tom Farley on Friday, May 2, 2025 at Field Arts and Events Hall!

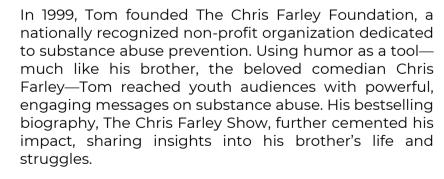
Tickets will be available for purchase starting January 1, 2025. Individual tickets are \$135 and include access to a keynote presentation by Tom Farley in the auditorium of Field Arts and Events Hall, followed by a Tri-Tip & Salmon Buffet Dinner and a silent auction. Doors open at 4:30 PM, with the keynote presentation beginning promptly at 5:15 PM.



#### About Keynote speaker, Tom Farley

Tom Farley, our keynote speaker, grew up in Madison, Wisconsin, and graduated from Georgetown University. Tom's story is deeply rooted in resilience, family, and advocacy.

Growing up in a close-knit Irish Catholic family, Tom witnessed firsthand the impact of alcohol, which was a prominent part of his family's life and struggles. His own battle with substance use, as well as the tragic loss of his brother, actor/comedian Chris Farley, to addiction, became pivotal in shaping his mission to fight addiction stigma and support others in recovery.





As a motivational speaker, Tom delivers heartfelt and inspiring messages on addiction prevention and recovery, helping others navigate their paths to healing.

A magical night you will always remember!



# 2025 Gala **Sponsorship**

We invite you to be a part of something truly transformative - Peninsula Behavioral Health's Annual Gala. This extraordinary event isn't just about glitz and glamour; it's about changing lives, building stronger communities, and making a lasting impact!

At Peninsula Behavioral Health, we're on a mission to create a world where mental health is celebrated, not stigmatized. Our Annual Gala isn't just another gathering; it's our flagship fundraiser, and every dollar you contribute plays a pivotal role in the lives of countless individuals and families

Together, we can break down the barriers that surround behavioral health challenges. Your partnership empowers us to create genuine community connections and erase the stigma that has held so many back for far too long.

All Sponsorship Packages include:

- Acknowledgment in marketing materials Inclusion in event program
- Recognition on social media posts
- Recognition on PBH website
- Signage at the event
- Recognition by event speakers from the podium



#### **Title Sponsor**

- VIP table

- 5 minutes to speak at podium



#### **Platinum Sponsor**

- Display at event









## **Show Your Support**

Your support is vital to our mission of providing quality comprehensive behavioral health services to the residents of our community!

### **YES! I WANT TO:**

	RSVP for the May 2, 2025 Gala! Reserve	tic	ckets at \$135	each!	
	Reserve a VIP table for the May 2, 2025	Gala, \$1,500!	!		
	JOIN THE LEGACY SOCIETY! Yes! I want	t more infor	mation on le	gacy gifting!	
	I want to create a trust, providing for m	y loved one	s, with a port	tion going to PBH.	
	Make a One Time Gift	\$25	\$250		
	Make a Monthly Reoccurring Gift	\$50	\$500		
	Make an Annual Reoccurring Gift	\$100	\$		
	Make a Donation to the North View Pro	oject \$			
Nam	ne:				
Carc	d #:				<b>-</b>
Expi	ration:/CSV#:	Zip:			
Ema	il:			<b>1</b>	
Pho	ne:			62700	
Stre	et Address:			OLVE	
City	/State/7in:				

By funding our work, you are reaching some of the most disadvantaged residents of our community and making a real difference in their lives. We are proud to serve our community, and your belief in our cause strengthens our commitment to helping those facing mental health and behavioral challenges. With partners like you, we can continue to make a lasting impact and improve the well-being of so many.

Thank you once again for your kindness and generosity!

Please send completed form to:

Development Department | dev@peninsulabehavioral.org | (360) 457-0431 ext. 531159 118 East 8th Street, Port Angeles, WA 98362



#### PENINSULA BEHAVIORAL HEALTH 118 E. 8TH STREET PORT ANGELES, WA 98362

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