



PBH
NEWSLETTER
September

SEPTEMBER
2026



September is Suicide Prevention Month



September is Suicide Prevention Month, an important opportunity to talk openly about mental health, strengthen connections and remind people that asking for help is a sign of strength.

Sometimes simply checking in with someone can make a meaningful difference. Ask how they're doing. Listen without judgment. Stay connected. And when someone needs additional support, help connect them with appropriate resources.

At Peninsula Behavioral Health, we believe hope can begin with a conversation.

Need support or help connecting to behavioral health services?
Call Peninsula Behavioral Health at (360) 457-0431.

If you or someone you know is experiencing a mental health or suicide-related crisis, call or text 988 to reach the 988 Suicide & Crisis Lifeline.

Building the Future of Youth Behavioral Health



Momentum continues to grow for PBH's planned Youth and Family Services Center.

The approximately 15,000-square-foot, three-story facility will dramatically expand the space available for children, adolescents and families receiving behavioral health services in Clallam County.

Plans include 22 clinical offices, four group rooms, dedicated play therapy, sensory and art therapy spaces, a family room, community room, conference rooms and outdoor recreational space.

The need continues to grow. PBH served 893 children and youth during the most recent fiscal year, compared with 735 the previous year.

The new Center will give our clinicians the space and resources needed to respond to that growth while expanding specialized services for children and families.

PBH continues to pursue public, foundation, corporate and individual support for the project, with a goal of breaking ground in 2027. Together, we are building a place designed specifically for children to heal, grow and thrive.

[Learn More About the Project](#)



Community members
identified
**expanded youth
behavioral health
services**
as a top priority.



More youth.
More support.
Stronger futures.

Youth served increased
from

FY 2024

735



FY 2025

893



Expanding access to high-quality,
youth-centered behavioral health
care in our community.

CCBHC Corner: What Will CCBHC Mean for Our Community?



Becoming a Certified Community Behavioral Health Clinic (CCBHC) is about making behavioral health care easier to access and better connected. Beginning in January 2027, PBH will operate under a model designed to ensure people can receive comprehensive care—regardless of their diagnosis, level of need, or ability to pay.

For PBH, that means building on the services we already provide while strengthening coordination across mental health, substance use disorder treatment, crisis services, primary care, peer support, and community partnerships.

The goal is simple: fewer barriers, stronger connections, and better continuity of care for the people we serve.

CCBHC implementation begins January 1, 2027. Stay tuned each month as we share more about what this transition will mean for PBH and our community.

International Overdose Awareness Day



On August 31st, PBH and community partners gathered at the Port Angeles Pier in recognition of International Overdose Awareness Day.

International Overdose Awareness Day is an opportunity to remember those whose lives have been lost to overdose, support the families and friends who carry their memory, reduce the stigma surrounding substance use disorders, and remind our community that recovery is possible.

PBH is proud to stand alongside organizations throughout our region working every day to prevent overdose and connect people with treatment, recovery services and hope.

Every life matters. Every story matters. Recovery is possible.



You're Invited!

**Outpatient Competency Restoration Program
One-Year Anniversary
Celebration & Partner Appreciation**



- Wednesday, September 16th
- 12pm-1pm
- Peninsula Behavioral Health
- Multi-purpose room

**One Year of the Outpatient Competency
Restoration Program
Wednesday, September 16th, 12-1pm**

This September, PBH is celebrating the one-year anniversary of our Outpatient Competency Restoration (OCR) Program.

The program works at the intersection of behavioral health and the criminal justice system, helping eligible individuals receive competency restoration services in a community-based outpatient setting.

On September 16th, PBH will bring together criminal justice partners from Clallam and Jefferson counties—including public defenders, prosecutors, judges, forensic navigators and behavioral health professionals—to recognize the program's first year and share information about its work.

Strong partnerships between behavioral health and the criminal justice system help create better pathways to treatment and better outcomes for individuals and communities.

Behavioral Health Care Is for Everyone



You don't have to be in crisis to benefit from behavioral health care.

People seek therapy for many of the same reasons they seek other forms of health care: to feel better, navigate challenges, develop healthier habits, and improve their quality of life.

People may seek support for stress, anxiety, grief and loss, depression, relationship or family challenges, parenting concerns, major life transitions, trauma, substance use, or simply feeling overwhelmed or not quite like themselves.

Therapy can provide a confidential space to talk openly, develop coping strategies, recognize patterns, strengthen relationships, and learn tools for navigating everyday life.

And you don't have to wait until things become overwhelming. Taking care of your emotional well-being is part of taking care of your overall health.

Whether you're facing a difficult season or simply want to feel better, reaching out for support can be a positive step forward.

We're here when you need us, call PBH at (360) 457-0431.

Why Housing Is Behavioral Health Care



What is Permanent Supportive Housing?



Having a safe place to call home can make a profound difference in a person's health and well-being.

For someone experiencing homelessness or housing instability, meeting basic needs often takes priority over everything else. Finding a safe place to sleep, protecting belongings, accessing food, and simply getting through the day can make it incredibly difficult to focus on behavioral health treatment, physical health, employment, relationships, or recovery.

Stable housing changes that.

Permanent supportive housing combines a safe, consistent place to live with access to services and support that can help people build greater stability and independence. With the security of a home, individuals have a stronger foundation from which to focus on their health, establish routines, maintain relationships, engage in treatment, pursue employment, and work toward personal goals.

That connection is at the heart of Peninsula Behavioral Health's approach to supportive housing.

As residents begin making North View their home this September, they're gaining more than a place to live. They're gaining a foundation for what comes next.

Because housing isn't separate from health. Housing is part of health—and everyone deserves the opportunity to build a stable future.

Become a Monthly Hope Partner



Hope starts here—and it continues every day because of caring supporters like you.

By becoming a monthly donor, you'll provide dependable funding that helps Peninsula Behavioral Health deliver life-changing behavioral health services to children, adults, and families throughout Clallam County. Your recurring gift allows us to respond when people need care most.

Your monthly gift can make a real difference:

- \$10/month provides basic client needs and recovery resources.
- \$25/month helps remove barriers to care, such as transportation assistance.
- \$50/month supports programs that strengthen the health and well-being of our community.

Monthly giving is simple, convenient, and one of the most meaningful ways to create lasting change. Together, we can build a healthier, more hopeful community—one month at a time.

Become a Monthly Hope Partner today and help ensure Hope Starts Here... every month.

[Donate Today!](#)



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